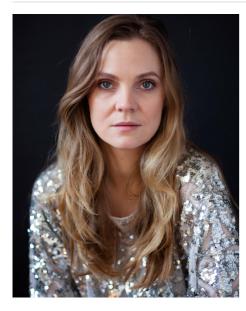
# Lara Lightfoot



Australian Agent BENCHMARK CREATIVE P 02 8353 2312

E anthony@benchmarkcreative.com.au W www.benchmarkcreative.com.au

Voice Agent BENCHMARK VOICES P (02) 8353 2312

E anthony@benchmarkcreative.com.au

#### **Details**

Gender Female Age Range 27 - 32 Height 167cm

Web www.laralightfoot.com

Base Location Sydney

Available In Sydney, Australian Capital Territory, Brisbane, International, Melbourne,

Wellington
Skills Actor, Voice Artist
Hair Blonde, Fair

Eye Blue / Grey, Blue / Green
Ethnicity Caucasian, East European

### Credits

Feature Film

2017 Customer #1 LADIES IN BLACK Ladies in Black, Bruce Beresford

2009 Support: Amy Tallulah Falls Apart Hot Raman Productions, Martin Ponferrada

Short Film

2018 Lead: Anna Matheson **TRANS AM** Saddest Man, Nicholas Andrews

Lead: Polly PARKED Filthy Look Films, Marcus Graham
 Lead: Amy Norris MISINFORMED, Marcus Graham
 Lead: Yvette Time Out Meet Up, Azita Damandan

2017 Support: Therapist Green River: Part 2 Catch You Next Tuesday / Saddest Man, Nicholas Andrews

2017 Lead: Fediatry Clowns Anonymous Kramar Productions, Ben Ryan

2016 Lead: Nancy Montage Films, Terry Hou
 2016 Lead: Nina Bubblewrap AFTT, Karolina Koltun

2014 Lead: Shazza **Jimbo the Romantic** Old School Productions, Jon-Michael Mooney

2014 Lead: Ellie Stevens Best Before AFTRS, Mel White

2011 Support: Wife **White Strawberries** Weisse Erdbeeren, Stefanie Renk

2011 Ursula **Lubriciously Yours** IFSS, Giovanni Zarillo

Lead: Actress Shooting Zombies Expect Problems, Rohan Harris
 Support: Mother All About My Zombie Mother IFSS, Julie-Anne Bautista
 Generic Speaker Apolitical: A Short Film Expect Problems, Kurtis Wakefield

2010 Lead: Nora **The Seven Habits of Highly Successful Bank Robbers** Expect Problems, Rohan Harris

2009 Carol **You Kill Me** IFSS, Elena Sarno

2009 Stranger **Touch** Green Mango Productions, Cynthia Miyashita

2009 Support: Shelly **Cat Lips** IFSS, Blake Phillips

**Television** 

Theatre Scrub Nurse Pulse (ABC) Pulse Productions, Peter Andrikidis
 Claire Starting From... Now! Common Language Films, Julie Kalceff

Web Series

2019 Lead: Mack **Save it for the Sandstorm** , Matt Emery

2016 Lead: Harriet **Cobbler Productions** Cobbler Productions, Luke Jovanovich

2016 Support: Jenny **Inbound** Fancy Basterds, Stephen Penn

Lead: Skyler Sharehouse Zombie Apocalypse Expect Problems, Rohan Harris, Kurtis Wakefield
 Lead: Skyler Sharehouse Zombie Apocalypse - web series Expect Problems, Rohan Harris

Stage

2018 Lauren **Things Not To Do After A Break Up** Tunks Productions, Emma Louise

2017 Emma Role of Della Woolf Ensemble, Valentin Lang
 2015 Gabrielle Dead Time Lace Balloon, Fleur Beaupert

2015 Maggie **Safekeeping - Asylum Project** Apocalypse Theatre Co., Erin Taylor

Powered by SHOWCAST

Lara Lightfoot

2014 Abby **Stitching** Little Spoon Theatre, Mark Westbrook
2014 Various **Not Quite Cabaret** Not Quite Cabaret, Gary Boulter
2013 Kylie **Tiger Country** Little Spoon Theatre, Lara Kerestes
2012 Natalie **Where's My Money?** Little Spoon Theatre, Jodin Meyer

2012 Wibbly Wobbly Woo (NSW tour) Ems Entertainment, Emma Harris

The Creature nameless paperweight productions, Lauren Orrell
 Ghost Lot's Wife abitonetheside productions, Carolyn Eccles
 Witch 3 / Display Witch The Witches New Theatre, Paul Appleby
 Matthew / Various Corpus Christi New Theatre, Leigh Rowney

2006 Board Game Girl Car Play CYTC, barb barnett

2005 Various **Six Pack** The Street Theatre, Catherine Langman

2005 Misbehaved Crumpet Mantras for Breathing Stage Debris, Shiereen Magsalan

2003 Jessica Goldman **This is our Youth** The Street Theatre, Iain Sinclair

Video

2011 Featured Kill The Lights ABIKO, Ali Chehelnabi

Voice Over

2018 Promo Voice Online Promotional Videos Nude by Nature, Nude by Nature
 2016 TVC / Gen Corp The Replacement Catch You Next Tuesday, Lauren Orrell

2009 Bean Cat Lips IFSS, Blake Phillips

#### Skills & Attributes

Shoe Size 8

Clothing Size Female - 10
Waist 68cm
Neck 32cm
Natural Accent Australian

Accent Skills American Standard, Australian, English, Southern, West Coast American, East Coast American, Russian, Cockney, French

Languages French, English

Hair Length Long Hair Style Wavy

Singing Blues, Choir, Jazz, Show

Singing Range Mezzo Soprano

Sport and Athletic Swimming, Yoga, Netball, Boxing

Memberships M.E.A.A
Drivers Licence Car

## Training

2017 Sydney Actors Association Weekly Classes with Sam Haft
 2016 TAFTA American Accent Intensive with Barb Hastings

2016 - 2017 The Actors Station Screen Test Series

2014 **Hub Studio** Voice Over Master Class with Avigail Herman

2014 - 2016 Ninefold Ensemble Training

2012 Acting Coach Scotland, UK Scene Study Intensive

2011 Queen St Studio TOOLKIT Physical Intensive with Barney O'Hanlon and Laura Sheedy

2010 Siren Theatre Co. Spring Class with Kate Gaul

2010 Sydney Physical Actor Training Masterclass with Shane Anthony

2009 Queen St Studio Masterclass with Laura Sheedy2009 Sydney Physical Actor Training Weekly Classes

2009 **Sydney Physical Actor Training** Masterclass with Tina Mitchell

2009 The Actors Centre On-Camera Classes
 2008 Siren Theatre Co. Spring Class with Kate Gaul
 2007 Screenwise Standard American Accent

2007 Practical Aesthetics Australia Performance Technique

Atlantic Theatre Co. NY Summer Intensive
 Griffin Theatre Co. Masterclass with Kate Gaul

2004 -2009 **John Davies Music** Weekly Classes

Lara Lightfoot Page 2 Powered by SHOWCAST